

Christopher Ryan Quiroz, MFA, AEA, SAG-Eligible

Columbus, OH | 210.449.2321 | Chrisryanquiroz@gmail.com Actor | Teaching Artist | Director

Specializing in Physical Theatre, Neurodiverse Pedagogy, and Theatrical Intimacy

Chrisryanquiroz.com

CV

Professional Interest

Interdisciplinary teaching artist and practitioner with over 20 years of combined professional experience. My research and pedagogy sit at the intersection of inclusive excellence and psychophysical actor training, specifically utilizing the Michael Chekhov technique and Laban effort actions. I specialize in developing adaptive, neurodivergent-focused methodologies through the Hunter Heartbeat Method and implementing consent-forward intimacy frameworks to bridge rigorous conservatory craft and sustainable, holistic creative practices. I am deeply committed to mentoring the whole artist, championing the essential link between healthy creative habits and mental well-being. 'Childlike wonder with joyful rigor' is the cornerstone of my artistry, teaching, and professional ethos.

Currently serving as a lecturer of acting at The Ohio State University, facilitating rigorous studio training, integrating Chekhov's psychophysical approach, Gister's energy manipulation, and Stanislavski-based objectives to build sustainable, physically grounded characterizations.

Specialized Training

- Psychophysical and Movement/Voice Pedagogy
 - Michael Chekhov Acting Technique
 - Certified teacher - Great Lakes Michael Chekhov Consortium (GLMCC)
 - Integrate psychophysical tools, including 'Atmosphere' and 'Psychological Gesture', to help students bypass intellectual blocks and achieve immediate presence.
 - Laban and Acting for the Camera
 - Using Laban effort actions to quickly make specific physical choices that strengthen character and point of view on camera.
 - The Hunter Heartbeat Method
 - Sensory-based intervention using Shakespearean rhythm and text, along with specially developed games to aid mind-body dissociation through play, communication, and social interaction.
 - Red-nose clown
 - Under the direct tutelage of Christopher Bayes, spontaneity and authentic instincts are encouraged through play, risk, and pure audacity, helping the actor bring extremes and vulnerability to their work.
 - Gister Technique
 - A technique that prioritizes complete focus on the actor's target in order to influence another character's emotional state, ensuring that the actor is taking up space and projecting their energy to prevent inward, small acting choices.

- Linklater
 - Trained under Mandy Fox to incorporate Linklater's vocal technique in scene work, by applying tools that assist with releasing psycho-physical tension to allow for a strong, expressive, and emotionally connected voice
- Intimacy Direction
 - Via Theatrical Intimacy Education (TIE), implement consent-forward frameworks and boundary-setting protocols within classes and rehearsals to neutralize power dynamics and ensure a safe, professional creative environment.
 - Consult on departmental production as an intimacy specialist, choreographing moments of physical intimacy with a focus on actor agency.

Education

- **MFA Acting**, Ohio State University, 2025
- **BFA Acting**, Texas State University, 2013
- **Musical Theatre**, American Musical and Dramatic Academy, 2005

Training/Workshops

2026 Michael Chekhov Certified Instructor, Great Lakes Michael Chekhov Consortium
2025 Neurodiversity and Intimacy, Theatrical Intimacy Education
2025 Foundations in Race, Intimacy, and Consent, Theatrical Intimacy Education
2025 Actors and Intimacy, Theatrical Intimacy Education
2025 Intimacy for TV/Film, Theatrical Intimacy Education
2025 Directors and Intimacy, Theatrical Intimacy Education
2025 Best Practices, Theatrical Intimacy Education
2024 A Clown's Approach to Character w/ Bill Irwin, Celebration Barn, ME
2024 Mod 2-Chekhov Certification, Great Lakes Michael Chekhov Consortium
2023 Clown for All Weekend, The Pandemonium Studio, NYC
2023 Embodied Writing w/ Pulitzer Prize Nom. 'Fake Friends,' Celebration Barn, ME
2023 Mod 1-Chekhov Certification, Great Lakes Michael Chekhov Consortium
2021 Super Advanced Clown w/ Christopher Bayes, The Pandemonium Studio, NYC
2021 Advanced Clown w/ Christopher Bayes, The Pandemonium Studio, NYC
2021 Clown w/ Christopher Bayes, The Pandemonium Studio, NYC
2021 Completely Ridiculous Conservatory, Online
2020 Bridge to Broadway, Online
2019 Audition Masterclass w/ Conner Wilson, Online
2017 Practical Aesthetics w/ Karen Kohlhaas, Austin Shakespeare, TX
2017 On-Camera Technique w/ Mike Doyle, Carole Hickey Acting Studio, TX
2013 Acting for the Camera w/ Bob Krakower, Texas State University, TX
2013 Audition Technique w/ Erik Liberman, Texas State University, TX
2012 Monologue Workshop w/ Austin Pendleton, Texas State University, TX
2011 'A Little Princess' Workshop w/ Andrew Lippa, Texas State University, TX

Academic Appointments

- **Lecturer**, Department of Theatre, Film, and Media Arts, The Ohio State University (2025-present)
- **Graduate Teaching Associate**, The Ohio State University (2022-2025)

Teaching/Relevant Experience

- **Lecturer**, The Ohio State University, 2025-present
 - TH 2811: The Craft of Acting
 - An introductory acting class exploring the basic techniques of imagination, concentration, character development, and script analysis through work on monologues, scenes, and plays. *Fall 2025, Spring 2026*
 - TH 2700: Understanding Television
 - Understanding and critical written analysis and discussion of television, through viewing, discussing, reading, and writing. Students focus on how racial, ethnic, and gender diversity is represented on television and in the media. *Fall 2025, Spring 2026*
- **Teaching Artist**, The Ohio State University, 2023-present
 - TH 5922S: Shakespeare & Autism
 - An ensemble-based interdisciplinary course to provide elementary and/or middle school children within the Greater Columbus Area who have been diagnosed with autism spectrum disorder (ASD) with a series of interactive Shakespearean performance workshops. Students will receive training in the Hunter Heartbeat Method, which uses Shakespeare text, themes, and storytelling. *Spring 2023, 2024, 2025, 2026*
- **Graduate Teaching Associate**, The Ohio State University, 2022-2025
 - TH 3815: Acting for the Camera
 - An advanced acting class focusing on the specific challenges of acting for the camera, incorporating Laban. *Spring 2025*
 - TH 3812: Acting 1 Stanislavsky
 - This intermediate acting studio explores Stanislavski's basic acting technique in exercises, scenes, and discussions, using given circumstances, intentions, obstacles, and strategies. *Spring 2024*
 - TH 2811: The Craft of Acting
 - An introductory acting class exploring the basic techniques of imagination, concentration, character development, and script analysis through work on monologues, scenes, and plays. *Fall 2022, Spring 2023, Spring 2025*
 - TH 2100: Intro to Theatre
 - A study of the art and profession of theatre, with an emphasis on evaluating and appreciating live performance, theatre's cultural importance, and its relationship to issues of social diversity. Students study performance conventions, texts, & spaces from ancient times to today. *Fall 2023, Spring 2024, Fall 2024*

Service

- **Adaptive Arts Specialist**, Columbus Children's Theatre, 2026
 - Adapt theatre-based curriculum and activities to meet a variety of learning styles, abilities, communication needs, and sensory needs.
 - Support instruction in acting, storytelling, movement, creative play, and arts-based learning experiences.
 - Assist teaching artists in preparing materials and modifying activities to maximize accessibility and participation.
 - Collaborate with Camp Coordinators, teaching artists, and families to understand camper needs and develop individualized strategies that support participation in camp activities.
 - Provide in-the-moment accommodation and instructional support to help students engage fully in theatre and arts programming.
- **Shakespeare & Autism Outreach – Artist Laureate Tour**, 2024/2025
 - Heavily involved with the Shakespeare & Autism Project at Ohio State University, under the direction/supervision of Kevin McClatchy, which trains student teaching artists in the Hunter Heartbeat Method, a holistic mind/body approach for individuals with autism created by UK actress and director Kelly Hunter. The Artist Laureate Tour held workshops and ongoing teacher training in the Greater Columbus area.
- **Majestic Empire Foundations 'Joci Awards' Judge**, 2018/2019
 - Part of the judging panel for acting/musical theatre auditions for the Majestic Empire Foundations Joci Awards.
 - Evaluated and ranked high school students for talent-based scholarships for performing arts students from San Antonio/lower Rio Grande Valley.
 - Awarded students go on to attend the National High School Musical Theatre Awards in NYC.
- **Texas State University BFA Musical Theatre College Audition Rep.**, Greater San Antonio Area Auditions, 2019
 - Invited to join the audition panel representing Kaitlin Hopkins, former head of musical theatre for Texas State University's BFA program, for future cohort recruitment
- **'Public Prep' Instructor**, The Public Theater of San Antonio, 2019
 - Introduced and assisted students in developing essential acting skills, including cold reading, audition technique, and monologues.
- **Private Coaching/College Audition Prep**, 2018-Present
 - Coached and assisted in developing audition material alongside the individual for BFA college auditions and Summer theatre programs (Interlochen/NEXUS)

Workshops

- **Intimacy – Basic Practices**, The Ohio State University
 - Facilitated a 4-hour workshop covering the basic principles of intimacy work

- **‘The Style’**, The Ohio State University
 - Facilitated and led a 3-hour workshop introducing the basic techniques of ‘The Style’ developed at The Actor’s Gang.
- **TxETA Theatre Fest,/Northside Theatre Conference**, N.I.S.D., 2019
 - Created and facilitated an audition workshop for high school theatre students preparing for college/professional theatre auditions.
 - Workshopped students went on to earn over half a million dollars in scholarships to attend top college/university theatre programs, e.g., NYU, Texas State University, Boston Conservatory.

Acting (Professional 2005-present)

- **little QUEER** -- Ryan – The Tank – Directed by Asher Vickers and Kevin McClatchy
- **Man of La Mancha** -- The Barber – Lyric Stage – Directed by Penny Ayn Maas
- **Mamma Mia!** – Eddie – Public Theater of San Antonio – Directed by Ken Urso
- **The Bridges of Madison County** – Ensemble – Public Theater of San Antonio – Directed by J. Scott Lapp
- **The Taming of the Shrew** – Vincentio – Austin Shakespeare – Directed by Ann Ciccolella
- **The Eight: Reindeer Monologues** – Comet – City Theatre – Directed by Stacey Glazer
- **The Santaland Diaries** – Crumpet – PSH Foundation Studio – Directed by Shane Vickers
- **A Christmas Carol** – Fred – Manship Theatre – Directed by Paige Gagliano
- **Pinkalicious** – Peter – Soho Playhouse – Directed by Suzu Mconnellwood

Film/TV

- **Oboy** – Captain Amazing – Dir. by Shaheen Beardsley
- **Thinner Than Water** – Gary – Dir. by Hailee Franklin

Student Film

- **The Franchise** – Daniel – Ohio State University – Dir. by Amy Pham
- **All of Us Strangers** – Adam – Ohio State University – Dir. by Hailee Franklin

Commercial

- **Cabenuva** – Featured – Rabbit Foot
- **Ambetter** – Featured – Beau Harris Films
- **VIA** – Featured – Shooter Films

Acting (Educational 2003-2005, 2010-2013, 2022-2025)

- **The Dog Project** – David – Ohio State University – Dir. by Mandy Fox

- **Blood Wedding** – Beggar Woman – Ohio State University – Dir. by Leda Hoffman
- **Everybody** – Somebody/Everybody – Ohio State University – Dir. by Kevin McClatchy
- **As You Like It** (w/ Eugene Lee) – Singer/Lord – Texas State – Dir. by Dr. Chuck Ney
- **The Boys in the Band** – Michael – McCreless Theatre – Dir. by Paula Rodriguez
- **Twelfth Night** – Feste – Studio 1 – Dir. by Ray Virta

Acting (Readings)

- **Webster's Bitch** – Nick – Women's Theatre Festival – Dir. by Kaycee Swierc
- **TIMEBOMB** – Andrew/Esteban – Women's Theatre Festival – Dir. by Kaycee Swierc
- **8** – Paul Zarrillo – AFER/Broadway Impact – Texas State University – Dir. by Jeremy Torres

New Work Development

- **The Dog Project**, MFA Acting Cohort, Outreach Project, The Ohio State University, 2025
- **little QUEER**, Celebration Barn/The Ohio State University

Directing (2024-present)

- **Venus in Fur** – Directing Festival – Ohio State University
- **Angels in America** – Advanced Directing – Ohio State University

Intimacy Direction

- babygirl – Black Box Series – OSU
- 'Basic Practices' workshop, Spring 2025, Fall 2025

Research Interests

- Shakespeare and Autism Project – Hunter Heartbeat Method
- Actor Training and Neurodivergent Minds
- Physical Theatre
- Queer Theatre/Acting Pedagogy

Awards/Recognition

- **The Tank's 2024 Dark Festival**
 - Final selection, curated for the 2024 Dark Festival; *little QUEER* NYC Premiere
- **Aida Cannarsa Snow Fund**, \$1914
 - 2024, Great Lakes Michael Chekhov Consortium, Mod 2
- **Morrow Memorial Fund**, \$1270
 - 2023, Great Lakes Michael Chekhov Consortium, Mod 1
- **Aida Cannarsa Snow Fund**, \$525
 - 2023, Pandemonium Studios: Clown for All Weekend w/ Chris Bayes

Professional Affiliations

- Actor's Equity Association (2019-present)
 - San Antonio/Austin Area Liaison 2019-2020
- SAG Eligible