

# Christopher Ryan Quiroz, MFA, AEA

Columbus, OH | 210.449.2321 | [Chrisryanquiroz@gmail.com](mailto:Chrisryanquiroz@gmail.com) Actor · Teaching Artist · Director

*Specializing in Physical Theatre, Neurodiverse Pedagogy, and Theatrical Intimacy*

Chrisyanquiroz.com

CV

## **Professional Interest**

Interdisciplinary theater practitioner and educator with over 20 years of combined professional experience, specializing in the Michael Chekhov technique, physical acting, intimacy direction, and the Hunter Heartbeat method, an inclusive, neurodiversity-focused pedagogy. Proven track record of bridging rigorous conservatory-style training with holistic and accessible practices. I strongly believe in the link between healthy creative practices and mental health, and how each informs and strengthens the other. ‘Childlike wonder with joyful rigor’ is a phrase that perfectly encapsulates my artistry, teaching, and professional nature.

Currently serving as a lecturer of acting at The Ohio State University, facilitating rigorous studio training, integrating Chekhov’s psychophysical approach, Gister’s energy manipulation with Stanislavski-based objectives to build sustainable, physically-grounded characterizations.

## **Specialized Training**

- Psychophysical and Movement/Voice Pedagogy
  - Michael Chekhov Acting Technique
    - Great Lakes Michael Chekhov Consortium; certification will be completed in June 2026. The Chekhov technique is the foundation of my physical-based acting pedagogy.
  - Laban and Acting for the Camera
    - Using Laban effort actions to quickly make specific physical choices that strengthen character and point of view in front of the camera.
  - The Hunter Heartbeat Method
    - Sensory-based intervention using Shakespearean rhythm and text, along with specially developed games to aid mind-body dissociation through play, communication, and social interaction.
  - Red-nose clown
    - Under the direct tutelage of Christopher Bayes, spontaneity and authentic instincts are encouraged through play, risk, and pure audacity, helping the actor bring extremes and vulnerability to their work.
  - Gister Technique
    - A technique that prioritizes complete focus on the actor’s target in order to influence another character’s emotional state, ensuring that the actor is taking up space and projecting their energy to prevent inward, small acting choices.
  - Linklater
    - Trained under Mandy Fox to incorporate Linklater’s vocal technique in scene work, by applying tools that assist with releasing psycho-physical tension to allow for strong, expressive, and emotionally connected voice

- Intimacy Direction
  - Theatrical Intimacy Education (TIE)
    - Proficient in consent-based pedagogy, power dynamics, and boundary-setting for the studio and rehearsal room. Continuing training through TIE.

## Education

- **MFA Acting**, Ohio State University, 2025
- **BFA Acting**, Texas State University, 2013
- **Musical Theatre**, American Musical and Dramatic Academy, 2005

## Training/Workshops

- 2025 **Neurodiversity and Intimacy**, Theatrical Intimacy Education
- 2025 **Foundations in Race, Intimacy, and Consent**, Theatrical Intimacy Education
- 2025 **Actors and Intimacy**, Theatrical Intimacy Education
- 2025 **Intimacy for TV/Film**, Theatrical Intimacy Education
- 2025 **Directors and Intimacy**, Theatrical Intimacy Education
- 2025 **Best Practices**, Theatrical Intimacy Education
- 2024 **A Clown's Approach to Character w/ Bill Irwin**, Celebration Barn, ME
- 2024 **Mod 2-Chekhov Certification**, Great Lakes Michael Chekhov Consortium, OH
- 2023 **Clown for All Weekend**, The Pandemonium Studio, NYC
- 2023 **Embodied Writing w/ Pulitzer Prize Nom. 'Fake Friends,'** Celebration Barn, ME
- 2023 **Mod 1-Chekhov Certification**, Great Lakes Michael Chekhov Consortium, OH
- 2021 **Super Advanced Clown w/ Christopher Bayes**, The Pandemonium Studio, NYC
- 2021 **Advanced Clown w/ Christopher Bayes**, The Pandemonium Studio, NYC
- 2021 **Clown w/ Christopher Bayes**, The Pandemonium Studio, NYC
- 2021 **Completely Ridiculous Conservatory**, Online
- 2020 **Bridge to Broadway**, Online
- 2019 **Audition Masterclass w/ Conner Wilson**, Online
- 2017 **Practical Aesthetics w/ Karen Kohlhaas**, Austin Shakespeare, TX
- 2017 **On-Camera Technique w/ Mike Doyle**, Carole Hickey Acting Studio, TX
- 2013 **Acting for the Camera w/ Bob Krakower**, Texas State University, TX
- 2013 **Audition Technique w/ Erik Liberman**, Texas State University, TX
- 2012 **Monologue Workshop w/ Austin Pendleton**, Texas State University, TX
- 2011 **'A Little Princess' Workshop w/ Andrew Lippa**, Texas State University, TX

## Academic Appointments

- **Lecturer**, Department of Theatre, Film, and Media Arts, The Ohio State University (2025-present)
- **Graduate Teaching Associate**, The Ohio State University (2022-2025)

## Teaching/Relevant Experience

- **Lecturer**, The Ohio State University, 2025-present
  - TH 2811: The Craft of Acting
    - An introductory acting class exploring the basic techniques of imagination, concentration, character development, and script analysis through work on monologues, scenes, and plays. *Fall 2025, Spring 2026*
  - TH 2700: Understanding Television
    - Understanding and critical written analysis and discussion of television, through viewing, discussing, reading, and writing. Students focus on how racial, ethnic, and gender diversity is represented on television and in the media. *Fall 2025, Spring 2026*
- **Teaching Artist**, The Ohio State University, 2026-present
  - TH 5922S: Shakespeare & Autism
    - An ensemble-based interdisciplinary course to provide elementary and/or middle school children within the Greater Columbus Area who have been diagnosed with autism spectrum disorder (ASD) with a series of interactive Shakespearean performance workshops. Students will receive training in the Hunter Heartbeat Method, which uses Shakespeare text, themes, and storytelling. *Spring 2026*
- **Graduate Teaching Associate**, The Ohio State University, 2022-2025
  - TH 3815: Acting for the Camera
    - An advanced acting class focusing on the specific challenges of acting for the camera, incorporating Laban. *Spring 2025*
  - TH 3812: Acting 1 Stanislavsky
    - This intermediate acting studio explores Stanislavski's basic acting technique in exercises, scenes, and discussions, using given circumstances, intentions, obstacles, and strategies. *Spring 2024*
  - TH 2811: The Craft of Acting
    - An introductory acting class exploring the basic techniques of imagination, concentration, character development, and script analysis through work on monologues, scenes, and plays. *Fall 2022, Spring 2023, Spring 2025*
  - TH 2100: Intro to Theatre
    - A study of the art and profession of theatre, with an emphasis on evaluating and appreciating live performance, theatre's cultural importance, and its relationship to issues of social diversity. Students study performance conventions, texts, & spaces from ancient times to today. *Fall 2023, Spring 2024, Fall 2024*

## Service

- **Shakespeare & Autism Outreach – Artist Laureate Tour**, 2024/2025
  - Heavily involved with the Shakespeare & Autism Project at Ohio State University, under the direction/supervision of Kevin McClatchy, which trains student teaching artists in the Hunter Heartbeat Method, a holistic

mind/body approach for individuals with autism created by UK actress and director Kelly Hunter. The Artist Laureate Tour held workshops and ongoing teacher training in the Greater Columbus area.

- **Majestic Empire Foundations ‘Joci Awards’ Judge, 2018/2019**
  - Part of the judging panel for acting/musical theatre auditions for the Majestic Empire Foundations Joci Awards.
  - Evaluated and ranked high school students for talent-based scholarships for performing arts students from San Antonio/lower Rio Grande Valley.
  - Awarded students go on to attend the National High School Musical Theatre Awards in NYC.
- **Texas State University BFA Musical Theatre College Audition Rep., Greater San Antonio Area Auditions, 2019**
  - Invited to join the audition panel representing Kaitlin Hopkins, former head of musical theatre for Texas State University’s BFA program, for future cohort recruitment
- **‘Public Prep’ Instructor, The Public Theater of San Antonio, 2019**
  - Introduced and assisted students in developing essential acting skills, including cold reading, audition technique, and monologues.
- **Private Coaching/College Audition Prep, 2018-Present**
  - Coached and assisted in developing audition material alongside the individual for BFA college auditions and Summer theatre programs (Interlochen/NEXUS)

## Workshops

- **Intimacy – Basic Practices, The Ohio State University**
  - Led a 4-hour workshop covering the basic principles of intimacy work
- **‘The Style’, The Ohio State University**
  - Facilitated and led a 3-hour workshop introducing the basic techniques of ‘The Style’ developed at The Actor’s Gang.
- **TxETA Theatre Fest,/Northside Theatre Conference, N.I.S.D., 2019**
  - Created and facilitated an audition workshop for high school theatre students preparing for college/professional theatre auditions.
  - Workshopped students went on to earn over half a million dollars in scholarships to attend top college/university theatre programs, e.g., NYU, Texas State University, Boston Conservatory.

## Acting (Professional 2005-present)

- **little QUEER** -- Ryan – The Tank – Directed by Asher Vickers and Kevin McClatchy
- **Man of La Mancha** -- The Barber – Lyric Stage – Directed by Penny Ayn Maas
- **Mamma Mia!** – Eddie – Public Theater of San Antonio – Directed by Ken Urso
- **The Bridges of Madison County** – Ensemble – Public Theater of San Antonio – Directed by J. Scott Lapp
- **The Taming of the Shrew** – Vincentio – Austin Shakespeare – Directed by Ann Ciccolella

- **The Eight: Reindeer Monologues** – Comet – City Theatre – Directed by Stacey Glazer
- **The Santaland Diaries** – Crumpet – PSH Foundation Studio – Directed by Shane Vickers
- **A Christmas Carol** – Fred – Manship Theatre – Directed by Paige Gagliano
- **Pinkalicious** – Peter – Soho Playhouse – Directed by Suzu McConnellwood

### Acting (Educational 2003-2005, 2010-2013, 2022-2025)

- **The Dog Project** – Beggar Woman – Ohio State University – Dir. by Mandy Fox
- **Blood Wedding** – Beggar Woman – Ohio State University – Dir. by Leda Hoffman
- **Everybody** – Somebody/Everybody – Ohio State University – Dir. by Kevin McClatchy
- **As You Like It** (w/ Eugene Lee) – Singer/Lord – Texas State – Dir. by Dr. Chuck Ney
- **The Boys in the Band** – Michael – McCreless Theatre – Dir. by Paula Rodriguez
- **Twelfth Night** – Feste – Studio 1 – Dir. by Ray Virta

### Acting (Readings)

- **Webster's Bitch** – Nick – Women's Theatre Festival – Dir. by Kaycee Swierc
- **TIMEBOMB** – Andrew/Esteban – Women's Theatre Festival – Dir. by Kaycee Swierc
- **8** – Paul Zarrillo – AFER/Broadway Impact – Texas State University – Dir. by Jeremy Torres

### New Work Development

- **The Dog Project**, '24 MFA Acting Cohort, Outreach Project, The Ohio State University, 2025
- **little QUEER**, Celebration Barn/The Ohio State University

### Directing (2024-present)

- **After the Blast** – Asst. Dir. under Kevin McClatchy – Mainstage – The Ohio State University
- **Venus in Fur** – Directing Festival – Ohio State University
- **Angels in America** – Advanced Directing – Ohio State University

### Intimacy Direction

- babygirl – Black Box Series – OSU

### Research Interests

- Shakespeare and Autism Project – Hunter Heartbeat Method
- Actor Training and Neurodivergent Minds
- Physical Theatre
- Queer Theatre/Acting Pedagogy

## **Awards/Recognition**

- **The Tank's 2024 Dark Festival**
  - Final selection, curated for the 2024 Dark Festival; *little QUEER* NYC Premiere
- **Aida Cannarsa Snow Fund, \$1914**
  - 2024, Great Lakes Michael Chekhov Consortium, Mod 2
- **Morrow Memorial Fund, \$1270**
  - 2023, Great Lakes Michael Chekhov Consortium, Mod 1
- **Aida Cannarsa Snow Fund, \$525**
  - 2023, Pandemonium Studios: Clown for All Weekend w/ Chris Bayes

## **Professional Affiliations**

- Actor's Equity Association (2019-present)
  - San Antonio/Austin Area Liaison 2019-2020
- SAG Eligible

## **References**

- Available upon request